## Nutrition Facts Serving Size 100 grams (100 grams)

## **Amount Per Serving**

|                  | % Dai                                         | l <b>y Value*</b><br>23%<br>11%<br>0%         |
|------------------|-----------------------------------------------|-----------------------------------------------|
|                  |                                               | 11%                                           |
|                  |                                               |                                               |
|                  |                                               | 0%                                            |
|                  |                                               | 0%                                            |
|                  |                                               |                                               |
|                  |                                               | 0%                                            |
| <b>ə</b> 9(      | 9                                             | 3%                                            |
|                  |                                               | 27%                                           |
|                  |                                               |                                               |
|                  |                                               |                                               |
| ′ <sub>⊃</sub> ● | Vitamin (                                     | C 17%                                         |
| ,<br>5           | Iron                                          | 3%                                            |
|                  |                                               |                                               |
|                  | 2,000                                         | 2,500                                         |
|                  | 65g<br>20g<br>300mg<br>2,400mg<br>300g<br>25g | 80g<br>25g<br>300mg<br>2,400mg<br>375g<br>30g |
| ydra             | te 4 •                                        | Protein 4                                     |
|                  | base<br>base<br>high                          | 65g<br>20g<br>300mg<br>2,400mg<br>300g        |

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