Nutrition Facts Serving Size 100 grams (100 grams)

Amount Per Serving

Calories 57

Calories from Fat 3

% Daily Value*

Total Fat Og			1%
Saturated Fat 0g			0%
Trans F	at		
Cholesterol 0mg			0%
Sodium 1mg			0%
Total Carbohydrate 14g			5%
Dietary Fiber 2g			10%
Sugars	10g		
Protein 1g			
Vitamin A	1%	 Vitamin (C 16%
Calcium	1%	• Iron	2%
	y Values are ba lues may be hig leeds: Calories		
Total Fat Sat Fat Cholesterol Sodium Total Carbohy Fiber	Less than Less than Less than Less than ydrate	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g
Calories per gram: Fat 9 • Carbohydrate 4 •			Protein 4
	Mutriti	onData co	h

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